LITHERLAND HIGH SCHOOL

LIVO CATCH-UP 10

Year 7 Textiles

Cushion



1 WHAT IS A CUSHION?

- A cushion is a soft, padded item used for comfort and support.
- It can be used on a sofa, bed, chair or floor.
- Cushions can be decorative and match a room's style and colour scheme.



Comfort + Style! ♡

2 FABRICS AND THEIR PROPERTIES

Different fabrics have different properties. These affect how they look, feel and perform.

Cotton	• Strong • Breathable • Easy to sew
Polyester	• Durable • Wrinkle resistant • Quick drying
Linen	• Strong • Absorbent • Natural look
Velvet	• Soft • Luxurious look • Can be harder to sew

The right fabric for the right job! ♡

3 TOOLS AND EQUIPMENT

You will need a range of tools to make a cushion.

- Fabric scissors
- Measuring tape
- Pins and pin cushion
- Needle and thread
- Sewing machine
- Iron and ironing board
- Chalk or fabric pen

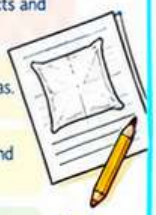


Always use equipment safely! ♡

4 THE DESIGN PROCESS

- The design process helps you turn your ideas into a finished product.

1. **Research** – Look at existing products and what users need.
2. **Design** – Create sketches and ideas.
3. **Develop** – Choose the best idea and make a final design.
4. **Make** – Use your skills and tools to produce your cushion.
5. **Evaluate** – Test your cushion and think about what went well and what could be improved.



Plan Design Make Evaluate ♡

5 STITCHES AND TECHNIQUES

You will use a range of stitches and techniques to make your cushion.

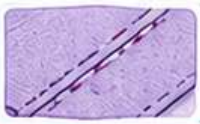
Running stitch	**Back stitch**
Temporary or decorative.	Strong and durable.
Overcast stitch	**Machine stitch**
Stops fraying.	Quick and neat finish.



Accurate stitching makes a better finish! ♡

6 JOINING TECHNIQUES

You can join fabric using different methods.



Seam
The most common method for joining fabric pieces.



Hemming
Neaten's the edge and gives a tidy finish.



Zips and Velcro
Used for removable covers or different styles.

Choose the best method for your design! ♡

7 CUSHION FILLINGS

- The filling gives the cushion its shape, comfort and support.

Polyester fibre	**Foam**
 Soft and lightweight.	 Firm support.
 Very soft and luxurious.	**Recycled filling**  Eco-friendly option.

Comfort comes from within! ♡

8 CUSHION DESIGNS

Cushions can be plain, patterned or textured.

 Plain	 Patterned
 Textured	 Embellished

Be creative and make it your own! ♡

9 CARE AND MAINTENANCE

Cushions need to be looked after to keep them clean and in good condition.

- Follow washing instructions (on the label).
- Spot clean where needed.
- Use a cool wash and mild detergent.
- Do not tumble dry unless stated.
- Fluff and reshape regularly.





10 YOUR CATCH-UP 10

1. What is the purpose of a cushion?
2. Name three properties of cotton.
3. Which tool is used to measure fabric?
4. What are the 5 stages of the design process?
5. What is the difference between a running stitch and a back stitch?
6. Which joining technique would you use to stop fraying?
7. What type of filling would you choose for a firm cushion?
8. Name two different designs you could use for a cushion.
9. How can you keep your cushion clean and fresh?
10. What is the benefit of using recycled filling?

FINAL CHECK

- ☐ I can identify different fabrics and their properties.
- ☐ I can name the tools and equipment needed.
- ☐ I can explain the design process.
- ☐ I can demonstrate different stitches and techniques.
- ☐ I can explain joining methods.
- ☐ I can choose the correct filling for a cushion.
- ☐ I can create a cushion design with detail.
- ☐ I can follow care and maintenance instructions.
- ☐ I can evaluate my finished cushion.

NOW I'M READY TO REJOIN THE LESSON!

